



FREQUENTLY ASKED QUESTIONS

Q: Should I do anything before I start reading each day?

A: We recommend that you say a brief, silent prayer such as this: “Gracious Father, thank you for the gift I hold in my hands. May your Spirit fill me and interpret your precious words for me as I read. In your Son’s name I pray. Amen.”

Q: How much will I read each day?

A: Each day you’ll read 12 pages in the *NIV Bible in 90 Days*. On Day 1 you start with page 1, on Day 2 you start with page 13. At the end of 90 days, you’ll have read the entire Bible from cover to cover. We encourage you to do what you can to alleviate distractions, so that you can reach your goal of reading each word attentively.

Q: When should I read?

A: That’s completely up to you. Some will read first thing in the morning, before getting out of bed. Others will make it the last thing they do each night. Still others will read at various times during the day and/or night. Some will read their daily quota all in one sitting. Others will space their reading throughout the day, reading a page or two in several sittings. Try more than one approach; one of the benefits of doing this reading is becoming comfortable with reading your Bible at any time.

Q: What if I get behind?

A: Try your best not to get behind. But, if you do, there is one *very important* rule about catching up: Do *not* skip any pages! There are two reasons for this rule: (1) If you skip anything, by definition you will not have read from *cover to cover*, which is an important part of this process. (2) If you skip anything, our research shows that you are *unlikely* to go back and read what you skipped, so, again, you won’t end up reading the entire Bible. If you get behind, just read some extra pages each day until you’ve caught back up to the class.

Q: What if I get way behind?

A: If you happen to get more than a day or two behind, set aside a large block of time during one day — Sundays are particularly good for this — and just “plow through” the reading. This may seem more like a chore than a spiritual experience, but you will probably be surprised by the insights you glean from this. As importantly, after a day (or so) of reading this way, you’ll be caught up! Remember, too, that God’s work sometimes seems like, well, *work*. Reading the Bible from cover to cover *is* a challenge; however, when this challenge is met, you’ll be glad that you persevered.

We hope you join the [90 Day program at Forest Presbyterian Church](#), starting September 5th.